

Attachment E Survey Results

General

Survey results pulled 8/31/09

Number of Responses – Professional: 1,044 Started Survey, 700 Completed Survey (67.7%)
 Consumer: 1,029 Started Survey, 989 Completed Survey (96.1%)

Distribution

Professional Survey distributed to all participating organizations in the Joint Planning Committee. Survey distributed to employees of the following Erie County government departments: Health, Social Services, Senior Services, and Mental Health. Sent out through Community Health Foundation Health Leadership Fellows Action Network, to all signed up for Erie County Health Alerts, and the members of the Specialized Medical Assistance Response Team. Distributed to all municipalities and elected officials and to business associations. Also sent out by recipients of the survey to other listservs, organizations, and colleagues.

Consumer Survey distributed to all participating organizations in the Joint Planning Committee. Survey distributed to employees of the following Erie County government departments: Health, Social Services, Senior Services, Mental Health, and the libraries. Sent out by individuals to contacts on Facebook and to friends and family. In order to reach individuals that do not have computer access, students working with the ECDOH collected responses on paper surveys at Department of Social Services waiting rooms. These responses have been entered into the database. Survey distributed to employees of the following Erie County government departments: Health, Social Services, Senior Services, and Mental Health. Some variations occurred because of use of paper survey vs. online survey (for example survey questions that only allowed one answer for the online survey were not limited on the paper survey.)

NYS Expanded BRFSS results for January 2008-December 2009

		Erie County	New York State
Overweight among adults	Total	34.2%	34.6%
	Male	38.6%	39.2%
	Female	30.2%	30.1%
Obesity among adults	Total	30.5%	23.6%
	Male	35.3%	22.8%
	Female	26.2%	24.4%
Overweight or Obesity among adults	Total	64.8%	58.2%
	Male	73.9%	62.0%
	Female	56.4%	54.6%
No leisure-time physical activity among adults	Total	17.4%	22.7%
	Male	16.5%	21.4%
	Female	18.1%	23.9%
Consumption of 5 or more servings of fruits and vegetables per day among adults	Total	24.2%	26.7%
	Male	15.1%	23.3%
	Female	32.3%	29.8%

Issues

- Further analysis will be required to address variations between the paper survey and the online survey.
- Further analysis will be required for tabulation of the open ended questions.
- During data collection with paper surveys, became evident that basic literacy is an issue with many individuals, particularly those with limited resources.

- Need to discuss how the group would like to proceed with the analysis and then the dissemination of our findings.

Professional Survey Results

Question: *Access to health information and education addressing:* (matrix question)

Great need for more health information and education:

Physical Activity (36.8%, 263 responses)

Obesity (46.4%, 336 responses)

Highest Rating Averages:

Obesity – 4.18

Physical Activity – 3.99

Nutrition – 3.88

Substance Abuse – 3.82

Diabetes – 3.70

Heart Health – 3.62

Asthma and other respiratory conditions – 3.57

Sexually Transmitted Diseases – 3.56

Infectious Disease – 3.56

Tobacco – 3.55

Question: *Access to support and services to address:* (matrix question)

Great need for additional services:

Physical Activity (33.0%, 228 responses)

Obesity (40.4%, 280 responses)

Highest Rating Averages:

Obesity – 4.03

Physical Activity – 3.86

Nutrition – 3.73

Substance Abuse – 3.71

Diabetes – 3.56

Question: *How important are the following as they related to the health of residents of Erie County?*

Highest scored answers as “Very Important”:

Access to health care services (84.0%, 608 responses)

Access to affordable health care services (81.1%, 585 responses)

Collaboration across the health care service system (78.1%, 566 responses)

Personal responsibility for health (75.3%, 546 responses)

Question: *What three health issues do you think are the most pressing in Erie County?*

Access to quality health care – 65.7%, 467 responses

Mental Health/Substance Abuse – 50.6%, 360 responses

Physical Activity and Nutrition – 48.7%, 346 responses

Chronic Disease – 40.1%, 285 responses

Healthy Mothers/Babies/Children – 25.2%, 179 responses

Demographics:

Age: 50-59 - 38.6%

40-49 – 27.0%

Gender: Male – 28.3%

Female – 70.0%

Race/Ethnicity: White/Caucasian – 86.7%

African American – 5.2%

Prefer not to answer – 4.7%
Hispanic/Latino – 2.0%

Consumer Survey Results

Question: *What health topics are you interested learning more about?*

Highest percent of responses:

Nutrition – 48.3%
Stress – 44.1%
Physical Activity and fitness – 42.9%
Cancer – 41.3%
Diabetes – 39.0%
Depression – 39.0%

Question: *Where do you get most of your health information?*

Highest percent of responses:

Doctor or medical provider – 49.7%
Computer or internet – 23.9%
Newspaper or magazines – 7.1%

Please note that further analysis of this question is required. Paper surveys included more than one response so these results are preliminary until further analysis is performed.

Question: *How often do you participate in physical activity or exercise?*

2-4 times per week for at least 30 minutes each time – 25.3%
No time just for exercise but try to add physical activity when possible – 23.1%
1-3 times per week for at least 30 minutes each time – 20.2%
5-7 times per week for at least 30 minutes each time – 18.7%
No physical activity beyond regular daily activities – 12.7%

Question: *Which of the following would help you become more active?*

Discounts for exercise programs or gyms – 49.9%
A friend to exercise with – 37.7%
Individual instruction or personal trainer – 33.3%
Safe place to walk or exercise – 33.1%
Information about programs in your neighborhood – 29.5%
Activities you can do with your children – 26.3%
Groups to participate with – 25.1%

Question: *How many servings of fruits and vegetables do you eat everyday on average?*

Three – 24.8%
Two – 24.9%
Five or more than five – 16.9%
One – 16.5%
Four – 13.8%

Question: *How many servings of fruits and vegetables do you think you should eat everyday?*

Five or more than five – 60.6%
Four – 16.4%
Three – 15.7%
Zero, One, or Two – 7.4%

Question: *What keeps you from eating more fruits and vegetables everyday?*

Cost – 45.5%
Time it takes to prepare – 31.7%
Difficulty getting fresh fruits and vegetables on a regular basis – 23.5%

Don't like them or family doesn't like them – 13.8%

Consumer results - continued

Question: *Do you have health insurance?*

Yes – 85.9%

No – 14.1%

Question: *If you do have insurance, is the insurance...*

Private insurance from work – 57.3%

Medicaid – 32.7%

Please note that further analysis of this question is required. Paper surveys included more than one response so these results are preliminary until further analysis is performed.

Question: *How often do you see a doctor or medical person?*

Several times a year – 46.3%

For a yearly check up – 27.5%

Only when I'm sick – 21.9%

I don't – 4.2%

Question: *Where do you usually seek medical care?*

Your regular doctor – 79.2%

In a clinic – 9.5%

At a hospital emergency room – 9.5%

Please note that further analysis of this question is required. Paper surveys included more than one response so these results are preliminary until further analysis is performed.

Question: *How would you describe your overall health?*

Good – 56.2%

Fair – 22.8%

Excellent – 16.2%

Poor – 4.8%

Question: *If you were to eat more healthy and be more physically active, how would it make you feel?*

It would make me feel better – 89.8%

There would be no change in how I feel – 7.8%

It would make me feel worse – 2.4%

Question: *What three health issues are you most concerned about?*

Health insurance – 30.4%

Obesity or overweight – 28.7%

Physical activity – 24.5%

Nutrition – 21.9%

Cancer – 18.4%

High blood pressure – 16.8%

Diabetes – 15.4%

Depression – 15.4%

Demographics:

Age Range: 50-59 25.8%

40-49 24.2%

18-29 20.3%

30-39 17.0%

Gender: Female – 76.7%
Male – 22.9%

Consumer results - continued

Race/Ethnicity: White/Caucasian – 61.0%
African American – 26.3%
Hispanic/Latino – 8.1%
American Indian – 2.5%
Asian and Other – 2.2%

County where you live – all but 5 of the 911 responses were reported as Erie County

Household Income: Under \$15,000 per year – 33.6%
\$15,000-\$24,999 per year – 10.4%
\$25,000 - \$34,999 per year – 10.8%
\$35,000-\$44,999 per year – 10.7%
\$45,000 or more per year – 13.4%